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Top 10 Reasons to Choose Beautologie

At Beautologie Cosmetic Surgery & Medical Aesthetics, we have taken many steps to ensure our patients experience the most comfortable, safe and effective cosmetic treatment available. From our facility to our staff, every detail has been laid out with your experience in mind. From the moment you walk through our doors, you will feel the Beautologie difference. There is a sense of unity in our office, with every staff member sharing in the goal of providing you with truly exceptional treatment. Day in and day out we strive to exceed your expectations.

Highly Trained Doctors
With their extensive training and experience, our doctors are among the best plastic surgeons in the field.

Private, Comfortable Surroundings
Our office was designed to provide patients with a comfortable, luxurious and private experience.

Fully Accredited Facilities
Our surgical facilities meet all requirements and standards for prestigious AAAHC-accreditation.

Unparalleled Quality Assurance
Our full-time, devoted Patient Experience Department works to ensure your satisfaction is maintained at 100%.

Perfect Safety Record
We take every precaution possible in our work and we are proud to boast a 100% perfect safety record.

The Cleanest Facility
Thanks to our strict hygiene protocols, our record of avoiding infections is among the best.

Award-Winning Practice
Our practice and doctors have earned numerous awards and accolades for their work and care.

Preparing is Caring
By making sure every patient is properly prepared for success, we ensure an excellent surgical experience.

Collaborative Approach
Our team of specialists works together in a collegial atmosphere to provide the best possible care.

Giving Back to the Community
We believe in giving back to our beloved community and providing our help to those in need.

An Award-Winning Practice

The staff at each of our practices in Malibu, Bakersfield and Fresno take a personal interest in making sure that every patient’s experience is nothing short of perfect. That’s why our entire team takes great pride when Beautologie is recognized for its unparalleled quality and patient satisfaction. Below are just a few of the awards and recognitions Beautologie and its practitioners have earned over the years.
Beautologie Surgery Center

AAAHC accredited with a 100% safety record

Beautologie Surgery Center in Bakersfield, California is a fully equipped surgery center fully accredited by the AAAHC, or the Accreditation Association for Ambulatory Health Care. Our patients enjoy the safety, comfort and privacy our center offers with the same equipment and technology available in hospitals.

Fully Certified Staff
Experience the benefits of personalized one-on-one nursing care

Beautologie Surgery Center is staffed with a highly skilled team of surgeons, registered nurses, surgical technologists and anesthetists that all have one common goal...your safety and comfort throughout your visit. They adhere to the strictest of protocols for safety and quality control and have earned a 100% safety record.

Three Operating Rooms
Surgery schedules made convenient

With Beautologie Surgery Center’s three operating rooms, your procedure can happen sooner than you would think! Whether you are having a minor procedure with a local anesthetic or surgery requiring general anesthesia, we have the accommodations to make scheduling quick and easy.
Beautologie
In the Media

The doctors at Beautologie are widely regarded as the best plastic surgeons in their respected areas of practice. As leaders in their field, they are regularly sought after to provide commentary and insight on subjects related to the field of cosmetic medicine. They have been featured by numerous major media outlets including:
Quality Assurance Commitment

Here at Beautologie, our patients are our top priority. We go the extra mile to ensure the highest standards of quality, safety and comfort are maintained with each patient we treat and every procedure we perform. We are well known for our commitment to our patients and extensive follow-up care beyond the procedure. We know our patients have a high standard. That’s why we consistently raise the bar.

Making the decision to undergo a cosmetic surgery procedure is not something to take lightly. We understand this and are very familiar with the concerns you may have regarding the surgery itself, the healing process and your ultimate results.

Our full-time, devoted Patient Experience Department works to ensure patient satisfaction is maintained at 100%. It is our goal to consistently exceed expectations. This is how we have become the most successful and awarded plastic surgery and medical aesthetics group in our area.

During the course of your treatment, should any concerns or questions arise, you can always feel free to take it up with any of our helpful staff. You can also send an email at any time to help@beautologie.com to provide feedback or ask a question, and a member of our quality assurance team will respond right away.

Giving Back to the Community

Beautologie prides itself in supporting the communities we work in. One of our core missions is to be an active member of the community, and to give back. Beautologie not only supports local charities every chance it gets; we are also proud to have the Beautologie Helps program that provides assistance to local residents in need of reconstructive surgery who cannot otherwise afford it.

Similarly, our Beautologie Tattoo Removal Program is famous in Bakersfield for helping residents and former gang members remove tattoos that inhibit their ability to find employment. These are just a few examples of the charitable activities we engage in to pay it forward and give back to Bakersfield, Fresno, and Southern California. It’s our way of saying “thank you for supporting us.”
Dr. Darshan R. Shah
Plastic & Reconstructive Surgery

Making the decision to have cosmetic surgery is a serious one. You must be confident that you have chosen the right surgeon. Does he have the appropriate training? Do you get along with him on a personal level? Can he realistically achieve your goals? Dr. Shah strives, through experience, professionalism and amazing results, to make your decision an easy one.

Medical School: Dr. Shah began his medical education at the prestigious combined BS/MD program at the University of Missouri, Kansas City. This program chooses the most outstanding high school students in the country to undergo a rigorous six-year education in medical and surgical skills. Dr. Shah graduated at the top of his class.

General Surgery: Dr. Shah then continued his training locally in Bakersfield at the Kern Medical Center-University of California San Diego five-year surgical training program, which ultimately led to his Board Certification in surgery. During his time at KMC, Dr. Shah performed many operations on all body systems. From Trauma Surgery to General Surgery to Heart Surgery, Dr. Shah has seen and done it all. His specialty, however, was always breast cancer and breast cancer surgery. His excellence during this time in his career was rewarded with the prestigious Helfert award, given only to the most outstanding surgical chief resident. He also was prolific in writing many articles, which have been published in dozens of academic surgical journals. Additionally, he started a surgical education website, and was an outstanding teacher of fellow medical students and residents.

Plastic and Cosmetic Surgery at the Mayo Clinic: The pinnacle of Dr. Shah’s career was his acceptance to the Mayo Clinic, consistently ranked by US News and World Reports as one of the top three hospitals in the country. His extensive training there made him an expert in cosmetic and reconstructive surgery, earning him the title of Plastic and Reconstructive Surgeon. This extensive training, combined with the experience of over 8,000 surgical procedures in his career, has earned him the Best in Bakersfield Title three years in a row.

Dr. Shah in the Community: In addition to educating the community and future surgeons as a clinical instructor on the topics of cosmetic, plastic and reconstructive surgery, Dr. Shah volunteers time and services to the less fortunate. Dr. Shah is a founding member of The Promise organization, which travels to countries such as Africa, India, and South America to repair cleft lips and palates and treat burn injuries. He also supports many local charity organizations such as the Bakersfield Hornless Shelter, American Heart Association, and others.

Awards, Recognitions, Education & Memberships
- Voted “Best in Bakersfield” 2005-2017
- Graduate of world-renowned Mayo Clinic
- Harvard Business School Valedictorian
- Board Certified, Fellow of the American College of Surgeons
- Clinical Educator for Plastic Surgery
- Medical Director of Bakersfield Wellness Surgery Center
- Medical Director of Beautologie Medical Group
- Top 10 Breast Augmentation Surgeons in CA (Mentor)
- Featured in various television shows, magazines, and newspaper articles
Dr. Milan Shah is the Medical Director and President of Beautologie Medical Spa. He specializes in all non-surgical cosmetic procedures. Dr. Shah is a leader in his field and is a heavily sought physician globally in medical aesthetics.

Dr. M. Shah had a multifaceted medical education including early on at the University of California, Riverside, where he performed at an accelerated level, beginning his training at the young age of 16. He majored in biomedical science and graduated with a Bachelor of Science. Thereafter, he graduated with an M.D. from A.U.C. School of Medicine at the age of 24. He accepted clerkship rotations at prestigious institutions including Pomona Valley/UCLA Medical Center and at the University of California Irvine. Dr. M. Shah then went on to an Internship in Preliminary General Surgery at Kern Medical Center University of California, San Diego, after that he began his training in Internal Medicine at Kern Medical Center/University of California, Los Angeles.

Throughout Dr. M. Shah’s training, he always received the highest accolades. Dr. M. Shah continued his educational career by training many medical students and residents in their educational paths. Dr. M. Shah has always been research-oriented and has been published in a variety of medical journals and presentations. Dr. M. Shah is a Diplomat of Anti-Aging Medicine. He has been certified in Age Management Medicine as well. Dr. Shah has reached Chairmen Presidential Status (the highest level awarded) with Galderma medical aesthetics which means he performs more advance injectable treatments like Sculptra®, Restylane® and Dysport® than most physicians worldwide.

Dr. M. Shah has also served as clinical instructor for many advanced laser procedures and facial sculpting, training physicians and nurses on the application of fillers, laser therapy and skin rejuvenation. He is one of the first in the country to bring his clients some of the newest FDA approved treatments to hit the market such as the Piqo 4™ tattoo removal laser, Venus Viva™ Skin tightening and Kybella® treatment for chin fat reduction.

Dr. M. Shah lectures at international conferences on medical aesthetics including the American Academy of Anti-Aging Medicine and serves as a media expert in Aesthetic Medicine to a variety of network news programs and live radio shows.

Dr. M. Shah believes that each patient should not only be treated on a medical level, but on a personal one as well. A constant dialogue and a level of understanding that he establishes with each and every one of his clients are what brings out his and his teams exceptional results.

Awards & Recognitions

- 2016 Top 10 Injector of Restylane® in the Greater Los Angeles Area
- 2016 Ambassador Injector (Top Tier) with Merz Aesthetics
- 2015 Chairmen Presidential Level (top tier) in advanced injectables (Restylane®, Dysport®, Sculptra®)
- 2015 Luminary for several Aesthetic lasers Including Lumenis®, Focus medical and Venus
- 2006 Diplomate American Academy of Anti-Aging medicine
Dr. Brett Lehockey
Plastic Surgeon

Dr. Lehockey is a plastic surgeon with over 20 years of experience. He is certified by the American Board of Plastic Surgery and is a member of the American Society of Plastic Surgeons, which means he has met the highest standards for those in the field of plastic and reconstructive surgery.

Dr. Lehockey is one of a select group of highly trained plastic surgeons having degrees in both Medicine and Dentistry, along with formal training in Oral and Maxillofacial Surgery (the surgical specialty of Dentistry), General Surgery (body surgery), Plastic Surgery and specialty fellowship training in Craniofacial Surgery.

He is a graduate of the University of Notre Dame and trained in Plastic Surgery at two of the premier training programs in the country: Case Western Reserve University and the University of Pittsburgh.

For six years he taught plastic surgery of the body and face at Loma Linda University in southern California, where he was also the Director of Craniofacial Surgery. In his teaching practice at Loma Linda, he was involved in helping those with some of the most difficult problems in plastic surgery including the separation of conjoined twins. He now concentrates his practice in cosmetic plastic surgery of the face, breast and body.

He is the author of several articles on plastic surgery and contributed the chapter on facial evaluation to the new comprehensive textbook Plastic Surgery. He has developed an in-depth knowledge of the face including the factors that contribute to the perception of beauty and the effects of aging.

Dr. Lehockey’s goals for any patient are the same: to provide the highest quality plastic surgery using the latest techniques and ideas. He strives to achieve a natural look and above all, his primary concern is to perform all surgery safely. Because of his special expertise in treating difficult plastic surgical problems, he continues to help those with disfigurements from accidents, cancer or unfavorable results from previous plastic surgery, in addition to those that wish to improve their appearance or reverse the signs of aging.

Education

- 1989 graduate of Indiana University School of Dentistry in oral/maxillofacial surgery
- 1993 graduate of Northeastern Ohio Universities College of Medicine
- 1996 graduate Medical Center of Delaware in general surgery
- 1998 graduate Case Western Reserve University in plastic and reconstructive surgery
- 1999 graduate University of Pittsburgh (fellowship in craniofacial surgery)
- 2000 certified by the American Board of Plastic Surgery
- 2001 Associate Professor of Plastic Surgery at Loma Linda University
- 2007 Joined Beautologie

American Board of Plastic Surgeons

Board Certified by the
American Board of Plastic Surgeons
Dr. James Knoetgen  
**Plastic Surgeon**

Dr. James Knoetgen, is Board Certified by the American Board of Plastic Surgery. He is a member of the American Society of Plastic Surgeons, as well as the American Society for Aesthetic Plastic Surgery (ASAPS), which means he has met the highest standards for plastic surgeons who specialize in cosmetic surgery.

Dr. Knoetgen is originally from New York and completed his general surgery residency in New York City at Columbia University/St Luke’s-Roosevelt Hospital. He was then chosen by the world famous Mayo Clinic in Minnesota, consistently ranked one of the top three hospitals in the world, for his plastic surgery training.

After completing his plastic surgery residency, he was asked to stay at the Mayo Clinic to work as a staff plastic surgeon and professor of plastic surgery. Dr Knoetgen was a staff plastic surgeon at the Mayo Clinic for seven years.

While there, he performed a wide variety of plastic surgery procedures, and his practice focused on breast surgery, cosmetic surgery, and plastic surgery after weight loss. He wrote many articles and text book chapters about these surgeries and has presented his work at national and international plastic surgery meetings. He has been quoted in the national and international media such as Vogue Magazine. While at the Mayo Clinic, he worked together with Dr Darshan Shah, the founder of Beautologie Medical Group, Inc. Dr Knoetgen has now relocated to Fresno to once again work with Dr. Shah and to focus on cosmetic surgery, especially of the breast and body. Dr Knoetgen enjoys taking the time to get to know each one of his patients and provide them with the personal and individualized care they deserve. His results are exceptional, and his bedside manner is extraordinary. He looks forward to helping all of his patients achieve their goals.

**Education**
- American Society of Plastic Surgeons
- American Society for Aesthetic Plastic Surgery
- Board Certified - American Board of Plastic Surgery
- Graduate of world-renowned Mayo Clinic
- Plastic Surgeon and professor at Mayo Clinic for 7 years
- Author of research papers and textbook chapters on plastic and cosmetic surgery
- Lecturer at national and international plastic surgery meetings
Dr. Zach Barnes
Plastic Surgeon

Dr. Zach Barnes joined the Beautologie team of Doctors in 2013. He was hand-selected for his wonderful bedside manner with his patients and his level of expertise in aesthetic surgery. Dr. Barnes has trained at some of the best institutions in the country, with an additional year of focused training in aesthetic and cosmetic surgery with leaders in the field.

Dr. Barnes offers comprehensive aesthetic options for the breast and body and delivers personalized results to meet your aesthetic goals while making patient comfort and safety a priority.

Dr. Barnes’ philosophy involves getting to know what makes each patient an individual, such as their goals and expectations, and developing a plan together that best fits each patient. He educates and guides the patient through each decision, making sure you feel comfortable throughout the whole process.

Dr. Barnes obtained his Medical Degree from the University of Southern California. While at USC, Dr. Barnes volunteered at the Violence Intervention Program for children, and also taught anatomy for the USC dental school. Dr. Barnes was a founding member of the plastic surgery interest group and spent much of his free time with the division of plastic surgery at USC.

As a result of his success in medical school, Dr. Barnes obtained a position at Scott & White/Texas A&M integrated plastic surgery residency. This was a six-year program dedicated to the full spectrum of plastic surgery. Here he trained under many prominent surgeons in the field including a past President of the American Society of Plastic Surgery (ASPS), the current President of the Plastic Surgery Foundation (PSF) and an Executive Director of the American Board of Plastic Surgery. During this time, he also served on the hospital’s Quality Infection Control Group that implemented strategies to reduce infection; taught residents and medical students; did research resulting in presentations and publications; and spent time in Guatemala doing surgical mission work. Dr. Barnes went on to become Chief Resident and during that year he ran his own cosmetic clinic.

After residency, Dr. Barnes decided to pursue further training focused solely on aesthetic surgery. He was accepted into one of the very few fellowships endorsed by the American Society for Aesthetic Plastic Surgery, at the Ohio State University. This year was dedicated to aesthetic and cosmetic surgery where he ran his own clinic and also worked with a prominent surgeon who is a member of the Advisory Council on Aesthetic Surgery to the American Board of Plastic Surgery.

Dr. Barnes was also Associate Professor of Plastic Surgery at OSU, where he taught residents and students. During that year, he also authored a chapter in the new edition of a bestselling plastic surgery textbook and also published research. That extra year distinguishes Dr. Barnes from other plastic surgeons by having more training and experience focused on the types of surgeries that he performs at Beautologie.
Dr. Angela Rodriguez is board certified by the American Board of Plastic Surgery. Her interests include hair restoration with NeoGraft®, Facial Plastic Surgery as well as non-surgical wrinkle relaxers and dermal fillers.

Dr. Rodriguez completed her internship and residency in surgery as well as a plastic surgery fellowship at the University of Massachusetts Medical Center in Worcester, Massachusetts. Dr. Rodriguez did a fellowship in craniofacial surgery at Stanford University. She spent two years at Harvard University as a research fellow. Dr. Rodriguez plastic surgery experience ranges from aesthetic surgery of the face, and body, to extensive craniofacial reconstructions for congenital and traumatic deformities.

Dr. Rodriguez highest priority is to provide the best possible care available to her patients. You should expect your visit with Dr. Rodriguez to be informative, professional and keeping your best interest at hand.

Education
- Internship at University of Massachusetts Medical Center Worcester, MA
- Residency at University of Massachusetts Medical Center Worcester, MA
- Fellowship at MEEI - Harvard School of Medicine Boston, MA
- Fellowship at Stanford University - Plastic Surgery Division Stanford, CA

Stanford Medicine

NeoGraft®
Breast Augmentation & Implants

Currently, the most popular cosmetic surgery in the US, breast augmentation increases breast size, enhances and balances shape, and adds fullness by inserting either saline or silicone implants under the muscle. At Beautologie, breast augmentation is our specialty and results in extremely high levels of patient satisfaction.

“I had my breast augmentation with Dr. Darshan Shah and I find it hard to put into words just how happy I am! I had never had surgery before and Dr. Shah and his staff helped me feel at ease. I really felt like I could trust Dr. Shah and ask him any questions I had, and his confident, genuine answers made me feel safe and that he truly cared about my results.”

—Emily, Beautologie Patient
Breast Augmentation at Beautologie

Our augmentation surgeons are widely recognized as some of the industry’s leading breast enhancement specialists:

**Performing nearly 500 a year**, breast augmentation is our most common procedure. At Beautologie, we place the utmost importance on the comfort and safety of patients. We reduce risks by using a careful, meticulous technique and a sophisticated procedure only offered at the most advanced centers. This is combined with our trademark post-operative care, which includes healing scars via months of specialized follow-up treatments (at no additional cost); depending on your genetics, we can fade most scars to merely a pencil-thin white line, strategically placed to be nearly invisible. Our emphasis on safety, combined with our extensive training and experience, enables us to provide you with a long-lasting, beautiful shape and soft, natural feel. Of equal importance, our doctors understand that cosmetic surgery requires serious consideration. **We encourage patients to ask questions, as we are extremely empathetic to patient concerns and inquiries.**

**Am I a Candidate?**

You are likely a candidate if:

- Your breasts have fully developed and are over the age of 18
- You are in good health
- You are bothered by the feeling that your breasts are too small or that they have lost shape and/or volume as a result of aging, pregnancy, or breastfeeding
- Your breasts are disproportionate to one another or the rest of your body
- You have realistic expectations about the outcome of surgery

We invite you to make an appointment for a complimentary evaluation of your status. During your consultation, we will be able to provide you with realistic goals and expectations, as well as the opportunity to try on the implants.

**Key Facts**

- Breast augmentation is a one-hour procedure performed under general anesthesia or “twilight” sleep (TIVA).
- You have a choice of saline (water-filled, more round, adjustable sizes) or silicone implants (softer, less rippling).
- Silicone implants are now made of “cohesive gel” that does not leak like the old liquid gel of the past; therefore, they are safer and now approved by the FDA.
- The recovery for breast augmentation is about 2-3 days; most people go back to work within a week! However, you must be careful and not lift anything heavy for at least 3-4 weeks after surgery.
- The most common incision used for breast augmentation is the one in your breast fold. It is a small, well hidden incision that fades away nicely in most cases.
Breast Lift & Reduction

Whether due to pregnancy, weight loss or the effects of age and gravity, it is not uncommon for women to experience changes that cause their breasts to lose shape and firmness. Women who are well endowed may also experience sagging and other unwanted symptoms. These situations can be remedied surgically with either a breast lift or breast reduction.

“I cannot express how much better I have felt since my surgery. I have been given a new life in more ways than one, and no more neck or back pain! My breast reduction has been one of the many positive changes in my life and I want to thank you for making that possible. Thank you.”

—Julie, Beautologie Patient
Breast Lift & Reduction at Beautologie

Performed alone or in combination with breast implants, a breast lift—or mastopexy—raises and reshapes sagging breasts and, if desired, reduces the size of the areola. For woman seeking a decrease in size, a breast reduction—or reduction mammaplasty—can be performed. This is essentially the same procedure as a breast lift except that in addition to lifting and shaping the breast, tissue is removed.

When combined with a breast augmentation, a lift can successfully increase breast fullness and projection and replace lost volume. When performed as a reduction, petite women can enjoy a more proportionate look, and heavy, natural breasts can be made less burdensome. Performing over 8,000 breast surgeries a year, with extremely high levels of patient satisfaction, the breast surgeons at Beautologie are widely recognized as some of the industry’s leading lift/reduction specialists. We place the utmost importance on the comfort and safety of patients. This emphasis on safety, combined with our extensive training and experience, enables us to provide you with long-lasting, beautiful results.

Am I a Candidate?

You are likely a candidate if:
- You are over 18 and your breasts have fully developed
- You are in good health
- For lift: You are bothered by sagging or loss of shape
- For reduction: You are bothered by breasts that are disproportionate or are burdensome in size, or have neck or back pain
- You are done having children
- You are a non-smoker
- You have realistic expectations about the outcome of surgery

Key Facts

- A breast lift is a 2-3-hour procedure performed at our operating room under general or “twilight” anesthesia.
- The recovery takes about a week, but you should not lift anything heavy or work out for at least four weeks.
- Breast lifts can often be done with implants to provide more “fullness.”
- During a breast lift, the areola size is also reduced if needed.
- A breast reduction is done in the same way as a breast lift, but tissue is removed at the same time.
- The incisions are usually made in a “keyhole” fashion and closed with absorbable sutures to minimize scarring.
Tummy Tuck

Also known as a “tummy tuck,” abdominoplasty is a surgical procedure designed to re-contour the abdomen for a smoother, tighter, and more slender midsection. By removing excess skin and fat and tightening the abdominal muscles, this procedure can render one’s stomach flat and generally reverse the effects of pregnancy, weight gain/loss and age.

“My Doctor at Beautologie was great. He really heard everything I said. My belly button was my most important thing that I wanted back to how it was and he did it. He did a great job. On the day of the surgery I thought I’d be nervous but I wasn’t. Everyone just made me feel comfortable and reassured me. If you’re looking to have a tummy tuck and muscle repair, just go for it! Don’t wait 20 years like I did.”
—Maria, Beautologie Patient
Tummy Tuck at Beautologie

Men and women who have had a tummy tuck report a significant boost in self-confidence and feeling more attractive in their own skin. For many, an abdominoplasty provides a long awaited resolution to feelings of insecurity and embarrassment regarding their bodies. An abdominoplasty can help you look the way you feel, facilitating a healthier and happier you. The doctors at Beautologie place the utmost importance on the comfort and safety of patients. We reduce risks by using the newest and least invasive, minimal incision techniques and our trademark post-operative care, which includes healing scars via months of specialized follow-up treatments (at no additional cost). Depending on your genetics, most scars fade to merely a pencil-thin white line, low enough to be covered by pants, a skirt, or swimsuit. Rather than simply spot-treating only the belly area, we often utilize liposuction to flatten the belly and hips, leaving you with a flat abdomen from the bottom of your breasts through the pubic area. The pubic area and inner thighs can also be concurrently lifted for a superior result.

Am I a Candidate?

You are likely a candidate if:

- You are over 18 and in good health
- You have excess skin and fat above the belt line
- You have attempted weight loss and exercise with no success
- You have realistic expectations about the outcome of surgery
- You are not considering becoming pregnant or undergoing significant weight loss
- A physician determines your weight is appropriate for this procedure

We invite you to make an appointment for a complimentary evaluation of your status. During your consultation, we will be able to provide you with realistic goals and expectations.

Key Facts

- A tummy tuck is a two-hour procedure performed at our operating room under general or “twilight” anesthesia.
- The recovery process is about two weeks where you should not go to work and stay home. After that, you should not lift anything heavy or go to the gym for four to six weeks.
- During the tummy tuck, the loose skin on your abdomen is removed, and your muscles are tightened on the inside to give you the flattest look possible. Liposuction is also done with the tummy tuck in certain areas.
- Although you will see good results in a month, final results take a year or longer.
- The incision is hidden as low as we can make it, usually under your bikini line. Usually it is hip to hip, but can sometimes be made shorter. All sutures are under the skin and absorbable to minimize scarring.
A mommy makeover is a combination of plastic surgery procedures to address the physical changes that can arise in a woman’s body following pregnancy. Procedures performed as part of a mommy makeover typically include some form of breast surgery (lift or augmentation or both), a tummy tuck and liposuction, tailored according to each woman’s needs.

“Before I came to Beautologie, I had had three kids and my stomach was stretched out and my breasts were saggy, so I came in to have a full mommy makeover — a tummy tuck and a breast lift with augmentation. My stomach went all the way flat! I’m so happy with my results! I feel more confident. I feel comfortable in a bathing suit. I feel more comfortable in my clothes.”

—Kim, Beautologie Patient
Mommy Makeover at Beautologie

Pregnancy can cause major changes in a woman’s body, some of which cannot be reversed through diet and exercise. The three primary changes that occur are 1) loss of breast tissue following nursing, 2) stretch marks, weakened abdominal muscles, and excess skin, and 3) fat deposits that are extremely resistant to weight loss and exercise. Your mommy makeover will be customized to address your specific needs, but will usually include breast surgery (breast implants and/or a breast lift), a tummy tuck (either a mini or full), and liposuction. These procedures are easily and safely performed at the same time in 3-4 hours. We have performed thousands of mommy makeover procedures in our AAAHC Accredited Surgery Center. The key to safety and excellent results is having these procedures performed by an experienced, Board-certified plastic surgeon, under monitored general anesthesia. We have the expertise and the professionals to safely guide you through the process of this incredible, life-changing procedure.

Am I a Candidate?

You are likely a candidate if:

• You are in good health
• You are bothered by sagging or loss of volume in your breasts
• You have excess skin and fat in the abdominal area
• You have attempted weight loss and exercise with no success
• You have realistic expectations about the outcome of surgery
• You are not considering becoming pregnant again or undergoing significant weight loss

We invite you to make an appointment for a complimentary evaluation of your status. During your consultation, we will be able to provide you with realistic goals and expectations.

Key Facts

• A “Mommy Makeover” addresses the typical concerns of a woman who has completed having children. It treats deflation and loss of volume of the breast, stretch marks and excess skin on the abdomen, and excess fat accumulation in the hips.

• A “Mommy Makeover” includes a tummy tuck, breast augmentation and liposuction of the hips. We can also do a breast lift and other areas of liposuction at the same time if needed.

• The surgery takes about three hours, and the recovery is about two weeks. You should not lift or go to the gym for 4-6 weeks after surgery.

• Before you have the surgery, you will be measured for breast implants and we will help you choose the best implant for you.
Liposuction

Liposuction or liposculpture—also referred to as lipoplasty or suction lipectomy—is an extremely popular procedure with a high level of patient satisfaction. It is designed to slim and sculpt the body by gently removing unwanted fat from specific areas including the abdomen, hips, buttocks, thighs, knees, upper arms, chin, cheeks, and neck.

“I’m fascinated with my results. When people tell me I look fantastic, I tell them they need to go to Beautologie. My life changed completely. From the moment I wake up each morning I feel more secure about myself.”

—Abigail, Beautologie Patient
Liposuction at Beautologie

During the past decade, liposuction has benefited from numerous refinements in technique, of which the Beautologie surgeons take full advantage. Our surgeons do not simply remove fat deposits; they perform an ultraspecific combination of two of the most advanced liposculpture procedures, known as tumescent and ultrasonic assisted lipoplasty (UAL) techniques. Quite soon after surgery you will be able to observe a noticeable difference in the shape of your body; however, improvements will become even more apparent after four to six weeks, when most of the swelling has subsided. After about three months, any persistent mild swelling usually disappears, revealing the final contour. You will enjoy a smoother, tighter, slimmer appearance. Patients who receive liposuction routinely report to us that the procedure has not only positively impacted their self-esteem and enhanced their relationships, but also provided the motivation necessary to continue with a healthier, more active lifestyle. For many, liposuction provides a long-awaited resolution to feelings of insecurity and embarrassment.

Am I a Candidate?

You are likely a candidate if:

- You are over 18 with no major health conditions
- You have areas of stubborn, disproportionate fat storage
- You have attempted weight loss and exercise with no success
- You have realistic expectations about the outcome of surgery

We invite you to make an appointment for a complimentary evaluation of your status. During your consultation, we will be able to provide you with realistic goals and expectations.

Key Facts

- Liposuction is a procedure performed under general or “twilight” anesthesia. The duration of the surgery varies with the number of areas, but is usually 1-2 hours long.
- Liposuction is done through tiny incisions using long tubes called “cannulas” to remove fat under the skin.
- Cellulite is not treated with liposuction, although other treatments are available.
- Recovery takes only a few days, but you may be bruised for a couple of weeks. Swelling takes a few months to a year to completely resolve.
- After the procedure, you will sometimes wear a special garment for 4-6 weeks.
- Many areas can be treated, including the neck, abdomen, chest, arm pits, thighs, buttocks, back, and upper arms.
Buttock Lift

A buttock lift is a surgical procedure that serves to improve the size or shape of the buttocks. The buttock lift is performed by liposuctioning fat from around the buttocks and reinjecting your own fat into the buttock to increase volume and modify the shape. A butt lift is an outpatient procedure (you can go home after the surgery), and is typically completed in about two hours.

Key Facts

- A Butt Lift (sometimes referred to as “Brazilian Butt Lift”) is a two to three hour procedure where liposuction is done to your back, hips, and other areas to harvest fat and re-inject it into your buttocks. This liposuction is also used to shape the area around your gluteal area to give you more “roundness.”

- The fat re-injected into your buttocks can shape and augment the size of your gluteal area. Depending on your body and how you heal, up to 80-90% of the fat lasts for many years.

- After the surgery, the recovery is about one to two weeks during which you should avoid sitting for extended periods of time and must sleep on your stomach or side.

- We recommend fat injection over silicone buttock implants for safety reasons.
Body Lift

Individuals who have lost a dramatic amount of weight through bariatric surgery, diet and exercise, or after pregnancy may have excess loose skin on their lower body extending from the front abdominal area all the way into the back. A full body lift surgery is the most effective way to remove excess skin and achieve a sleeker, more toned and contoured physique.

Key Facts

- A body lift is sometimes described as a “tummy tuck” for your back. Excess skin is removed from your lower back area to lift your buttocks and shape your waistline. The surgery is done with you lying on your stomach. You will be under anesthesia for about two to three hours.

- Body lifts are most commonly performed in people who have lost a significant amount of weight (usually after gastric bypass or similar procedures) and now have loose skin extending into their back. Usually this surgery is performed after a tummy tuck has already been accomplished.

- A body lift requires a minimum of two weeks of recovery, where you will stay home and rest. After two weeks, you can go back to work if you have a desk job and are cleared by your surgeon. You cannot lift anything heavy for four to six weeks.

- A body lift is often combined with liposuction of the upper back or legs to achieve better contours in these areas as well.
Arm Lift

Whether due to age or as a result of dramatic weight loss, it is not uncommon to experience excess fat and sagging skin in our upper arms. This condition is due to a combination of poor skin elasticity, excess fat accumulation and gravity. Fortunately, our experienced plastic surgeons offer a procedure called an upper arm lift that can restore a toned and tight appearance.

Key Facts

• An arm lift, also known as a brachioplasty, is a surgery to remove loose skin from the arms. This skin occurs after a significant amount of weight loss or with aging. The skin is sometimes referred to as “bat wings.”

• There is usually an incision that goes from your elbow to your armpit area. This incision is placed at the bottom of your arm so it can be hidden. With good scar care, this incision can fade very well.

• Brachioplasty surgery takes about two hours to perform. After the surgery, the recovery is usually quick (about two to three days of rest). You must limit use of your arms and lifting for three to four weeks.

• Some people may not need an arm lift, and may be a candidate for simple liposuction of the arms. Our surgeons will tell you what would work the best at your consultation.

Before

After
Thigh Lift

Gravity, the after-effects of weight loss, genetics and age are all factors that can play a part in preventing your thighs from appearing slender and toned. When exercise and diet just won’t do the trick, an upper thigh lift or full thigh lift—otherwise known as a thighplasty—can help you to achieve the trim and sculpted appearance you desire and deserve.

Key Facts

- A thigh lift, also known as thighplasty, is a two to three hour surgery to remove loose skin from the inner thighs.

- The surgery can be performed in two methods. One method (mini-thigh lift) limits the incision to the groin area, but only takes care of loose skin on the upper thigh area. The other method has an incision from your groin to your inner knee, and helps with loose skin on the entire upper thigh.

- The recovery is two weeks of rest at home, after which you may return to work if you have a desk job. You should avoid heavy activity and lifting for four to six weeks.

- The thighplasty surgery is usually performed in people who have lost a significant amount of weight and now need to have the thighs contoured. Sometimes liposuction may be an option to take care of fullness of the thigh. Our surgeons will tell you what the best option is for you at your consultation.
Rhinoplasty

Rhinoplasty surgery is done to change the appearance and/or function of the nose. It can be performed to reduce or increase size, reshape the tip or bridge, narrow the nostrils, improve breathing issues or repair injuries and defects. If you are unhappy with the appearance of your nose, rhinoplasty can give permanent results that will dramatically improve your self-image.

"The doctors and staff at Beautologie are absolutely amazing! Everyone from the front desk, doctor, nurses and the anesthesiologist were all so amazing! Communication with the doctor was open and always available, which I loved. He soothed all my fears! I would recommend them to family and friends and I will be back myself!"

— Sarah, Beautologie Patient
Rhinoplasty at Beautologie

The goal of nasal surgery is to achieve an improved but natural contour while correcting any internal problems that may be causing breathing difficulties. The best candidates for rhinoplasty are those who have a specific nasal feature they find unappealing, such as a broad base, a large hump on the dorsum, or an overly large tip. The nose can be reshaped by removing the hump from the bridge of the nose, narrowing the base, rotating the tip either up or down or altering the size of the nostrils. The end result creates a nose that appears smaller and fits the shape of your face. Our facial plastic surgery specialists have a reputation for careful reshaping of the nose with extreme attention to details. Having performed countless surgeries, they have extensive experience with all types of nasal surgery cases including difficult ones. Rhinoplasty is a procedure that demands a great deal of detailed planning to determine the proper proportions and angles. Your surgeon will help you determine what changes will suite you best during your initial consultation.

Am I a Candidate?

Candidacy is usually determined by the following factors:

- Nose size, in relation to the other facial structures
- Nose width, at the bridge
- Nose profile, with visible humps or depressions on the bridge
- Nasal tip, that is large or bulbous, drooping, or too upturned
- Nostrils that are large, wide or upturned
- Nasal asymmetry and deviation

If any of the above items are things that you would like to consider changing about your nose, we invite you to make an appointment for a complimentary consultation to get all your questions answered and develop a full treatment plan.

Key Facts

- A rhinoplasty is also sometimes called a “nose job.” It is a procedure to help shape your nose. There are many options available for rhinoplasty that will be discussed with you at your consultation depending on your goals.

- Some of the goals we can accomplish with a rhinoplasty include reshaping the tip of your nose, removing a hump from the top of your nose, making your nose smaller and changing the size of your nostrils.

- A rhinoplasty can be done in surgery in one to four hours, depending on what combination of procedures you choose to have. The recovery usually takes about a week of rest, after which you will still have bruising and swelling for a couple of weeks.

- The nose shape takes about a year to evolve after a rhinoplasty. Although it will still look better after a few weeks, the swelling can take a year or so to completely resolve.
Facelift & Necklift

Several factors cause the changes we see in our face as we age. We all know that loss of skin elasticity leads to looseness and wrinkles, but there is also a loss of underlying support that lead to a dropping of the cheeks and the formation of jowls. The goal in facial rejuvenation is to address the loss of elasticity and restore fullness and firmness.

“From the moment I called to book my consultation I felt nothing less than comfortable and confident in my decision. The entire staff, from the receptions to the doctor were everything I could have dreamed of. Everyone took time to really listen to me and I felt like all my needs and concerns were met with respect. I had a wonderful experience.”
—Heather, Beautologie Patient
Face & Neck Lift at Beautologie

People are often confused about the difference between facelifting and necklifting. The truth is that the surgical procedure performed to lift the neck is effectively the same as is used to perform a facelift. The neck is often the first place to show significant signs of facial aging, and tightening of the neck is a common request. A necklift is always part of the facelift procedure—the two are not separated because the surgical procedure to address both the face and neck is the same. The need for rejuvenation in one’s 40s is different than in one’s 60s. That’s why our facial plastic surgery specialists approach this procedure with a tailored treatment plan for each individual patient. By approaching the procedure in this manner, we are able to get the best result for you with the least amount of downtime. Our surgeons can also combine a facelift with other procedures such as brow lift, eyelid surgery and fat grafting for a fully customized rejuvenation process.

Am I a Candidate?

You are likely a candidate if:

• You have excess, loose skin on your face and neck
• You have good skin elasticity
• You have a well-defined underlying bone structure
• You are near your ideal weight
• You do not smoke
• You are in good overall health
• You have realistic expectations about the outcome of surgery

We invite you to make an appointment for a complimentary evaluation of your status. During your consultation, we will be able to provide you with realistic goals and expectations.

Key Facts

• A facelift or necklift is a surgery to remove excess, sagging skin from the lower half of your face. This skin can cause deep folds, jowls and wrinkles in your neck.

• A facelift is often done in conjunction with a necklift. Some people may be a candidate for a mini-facelift (which does not tighten the neck). Our surgeons will tell you what option is best for you at the time of your consultation.

• A facelift surgery is a 3-6 hour procedure done at our surgery center. The recovery is 2-4 weeks, during which time we will see you weekly or more to assure you are healing well.

• A facelift is often combined with other procedures to help the upper portion of your face, such as a brow lift or eyelid lift.

• Fat transfer can also be used to augment the cheeks and fill wrinkles at the time of a facelift.
Brow Lift

Deep creases and folds on the forehead can form as a result of the natural aging process, making one appear older than they actually are. Fortunately, there is an effective solution. Also known as a forehead lift, brow lift surgery can correct droopy brows, lines on the forehead, and heavy upper eyelids for a dramatically younger, more vibrant and refreshed appearance.

Key Facts

• A browlift is a procedure to help your eyebrows move into a higher position on your forehead, and to help reduce the appearance of horizontal lines in your brow.

• As we age, our brow tends to descend, creating a tired or angry look. A browlift moves the brow back up to a more youthful position.

• A browlift surgery takes about 1-2 hours to perform at our AAAHC accredited surgery center. The recovery is only about a week long.

• People usually combine a browlift with an eyelid surgery to help their upper or lower eyelids. This completes the rejuvenation of the upper face.
Eye Lift

Our eyes are often the first area to show signs of facial aging. Caused by collagen breakdown and loss of underlying fat, these signs take the form of crow’s feet, “bags,” loose skin and a hollowing around the eyes. Fortunately, there is a procedure known as Blepharoplasty that can successfully remedy these issues, taking years off of one’s appearance in a matter of hours.

Key Facts

• An eyelid lift, also known as a blepharoplasty, is a 1-2-hour surgery to help the appearance of your upper or lower eyelids.

• Upper eyelids sometimes have excess skin that folds over and occasionally can obstruct your vision. The upper lid blepharoplasty helps to correct this.

• Lower eyelids can get “bags” or looseness that makes you look tired or swollen. A lower lid blepharoplasty can help rejuvenate this area.

• The surgery can be done on either your upper lids or lower lids, or both at the same time. Occasionally, a browlift is also performed simultaneously to achieve total rejuvenation of this area.

• The recovery time for the procedure is about 1-2 weeks where you should rest your eyes and allow the swelling (and occasional bruising) to resolve.
Hair Restoration

Not only do we have the education and experience necessary to provide optimal results, but we also have options ranging from surgical to non-surgical depending on the results you are looking for.

Beautolgie offers Platelet Rich Plasma therapy as well as our popular NeoGraft® hair restoration surgery. You can feel confident about the procedure when you have an experienced doctor and team working with you to get the outcome you desire.

“I felt very comfortable from the moment I walked into the office. I was shown before and after pictures and was given guidance based on the best choices for my situation. Information that was given was very thorough and right on. I knew I was in expert hands and had no worries about the outcome. Amazing staff, always positive and upbeat.”

— Brad, Beautolgie Patient
NeoGraft®

Hair Restoration at Beautologie

NeoGraft® is the first and only FDA cleared follicular unit harvesting and implantation system. This system distributes automation of the FUE method, the most cutting-edge method in the hair restoration business.

The FUE technique of hair restoration transfers individual hair follicles from the scalp in their naturally developing organization of about 1-4 hairs and are then implanted in the areas of the scalp where balding has transpired. The NeoGraft® automated hair transplantation system is the only integrated harvesting system on the market and has the only “NO TOUCH” implantation technology.

Am I a Candidate?

You may be a good fit for hair restoration if:

- You have experienced signs of male pattern baldness for five years or more.
- You have progressed to Type III or beyond on the Norwood Scale of male pattern baldness.
- Your hair loss is progressing despite the use of prescription drugs.
- After many years of balding, you have developed a stable pattern.
- You have lost hair as a result of trauma, surgery or burn injuries.

The decision to undergo hair transplantation surgery is a big one but the results can truly be life-changing. Schedule a consultation with one of our hair restoration specialists to learn more.

Key Facts

- Patients feel little to no discomfort. No numbness where the donor hair is harvested.
- No stitches, staples or linear scar, and your hair can be worn short.
- Shorter recovery time, Less activity restrictions after procedure, and patients can typically go back to work the next day.
- Transplant twice as many hair grafts as the manual FUE method which reduces FUE hair transplant cost by as much as half.

Micro-needling with PRP

Microneedling with PRP is a very safe and effective way to treat hair loss. Platelet Rich Plasma is the newest form of treatment for thinning of the hair and hair loss, as it is rich in growth factors that aid in stimulation of the hair follicle. During the process, Patient’s blood will be drawn and spun in a centrifuge. Once spun, the plasma portion of the blood will be used for the treatment. This treatment is typically safe for all skin types and all will benefit from the effects Microneedling with PRP.
Cosmetic injectables fall into two primary categories: wrinkle relaxers and fillers. Relaxers are designed to address wrinkles and furrows caused by tensing of the facial muscles, while fillers can be used to restore lost volume and fill in lines and creases. Between these two types of products, many issues can be addressed without surgery.

“My journey as a patient with Dr. Milan Shah has been really, really comfortable. I honestly feel like I’m part of a family here. He really treated me like I was really special on my very first visit and my results are fantastic. As a model and an actress it’s important to for me to feel like I’m at my best and I really do feel like I’m at my best right now.”

— Tara, Beautologie Patient
Botox & Other Wrinkle Relaxers

BOTOX® Cosmetic, Dysport® and Xeomin® are all injectable substances made from naturally occurring neuromuscular relaxants. When used properly, these products can diminish the tense, tight and hardened look that detracts from the face’s natural beauty. The result is a smoother, clearer, more youthful face. After all, facial aging isn’t just about gravity and thinning facial skin. Stress and tension are just as harmful.

Our patients who receive wrinkle relaxer treatments around the eyes and forehead often tell us how utterly amazed they are by the results.

Relaxers Can Be Used to Treat:
- Furrowing of the brow
- Crow’s feet
- Chin dimples
- Jaw Muscles
- Neck Bands
- Forehead Lines

Facial Fillers

A facial or dermal filler is a crystal-clear, non-animal, biodegradable gel based on a natural substance called hyaluronic acid. The gel is injected into the skin in tiny amounts with a very fine needle. The results are instantaneous and produce long-lasting, natural enhancement, gentle and safe to your skin. Here at Beautologie, we use only leading filler brands such as Restylane®, Refyne®, Juvederm®, Sculptra®, Radiesse® and Belafill®. Our experienced practitioners have a long record of success with countless satisfied patients.

Fillers Can Be Used to Treat:
- Smile lines
- Nasolabial folds (marionette lines)
- Thin lips
- Recessed scars
- General creasing and wrinkling
- Elevate the cheeks (liquid Facelift)

Key Facts
- Wrinkle relaxers like Botox Cosmetic®, Dysport®, and Xeomin® are quick in office treatments that provide dramatic results in a short amount of time.
- They can be used to soften the furrows in between the brows or frown lines, the forehead creases, and laugh lines, sometimes known as crow’s feet.
- Within a few days we are able to take years off the clock in terms of active facial wrinkles.
- Facial Fillers such as Restylane®, Lyft®, Juvederm®, Belotero®, and other fillers are usually 30 minute, in-office injectable procedures that can take years off in terms of facial aging by restoring fullness that was once present.
- Prior to treatment, we will numb the areas with a topical cream and/or lidocaine nerve block to ensure the treatment will be comfortable.
- Patients can enhance the lips, fill in deep creases, soften smoker lines, restore cheekbones, and even fill in under-eye hollows with this very effective treatment.
Non-Surgical Body Contouring/Fat Reduction

For patients that are not ready to undergo surgical treatment, we offer non-surgical options for body contouring as well as cellulite treatments. In many cases the issue a patient is looking to resolve is actually better addressed through one of these non-surgical procedures. Whatever the issue, our experienced non-surgical practitioners can help.

“I noticed an immediate difference after my first treatment and can’t wait to keep seeing additional results. It has the subtle tightening and natural look that I was expecting without surgery. I would recommend this to all my friends and family who are looking for that little something to target the stubborn spots that aren’t helped with diet and exercise.”

—Brittany, Beautologie Patient
Venus Freeze

Beautologie is proud to feature the popular and pain-free Venus Freeze. This comfortable, non-invasive treatment uses a unique combination of radio-frequency and magnetic pulses that penetrate deeply and comfortably into your skin. This results in the reduction of body circumference, wrinkles and cellulite. It can be used to address various areas including arms, abdomen, thighs, buttocks, neck and face. Treatments can even be done over a lunch period, with no downtime.

Endermologie (Cellulite Treatment)

Endermologie is an FDA approved procedure that uses a machine called the Cellu M6 Keymodule to effectively reduce the appearance of cellulite and body circumference. By gently lifting and rolling the skin, the machine stimulates fibroblasts to increase collagen and elastin production. Attachments between the underlying tissue and the skin that cause dimpling are released, thus resulting in a smoother skin contour. Each session lasts about 35 minutes and is performed by our certified Endermologie technicians.

Non-surgical body contouring techniques are designed to address:

Candidacy is usually determined by the following factors: Cellulite, Wrinkles in the skin, Loose skin, Loss of tone or texture of the skin, Body circumference measurements.

Each technique used is virtually painless and actually somewhat relaxing. At the end, patients experience a rejuvenation in appearance and self-confidence. Below are the non-surgical body contouring procedures offered by Beautologie. Schedule a consultation today to learn more about our non-surgical body contouring treatments.

Key Facts

- With Beautologie’s latest in laser technology, patients can enjoy the benefits of fat reduction and body contouring without undergoing any downtime with quick and comfortable in office treatments.

- Beautologie’s Venus Freeze™ treatments can provide circumferential reduction in areas like the belly, love handles, thighs, buttocks, and arms while also smoothing out cellulite. Endermologie can also be used in combination to further reduce the appearance of cellulite and enhance the results.

- Results are seen just after a few treatments and last years with proper maintenance.

- Patients return to regular activity right after the treatment, which can easily be done during your lunch hour.

Venus Viva

The Venus Viva™ applicator uses state-of-the-art NanoFractional RF™ and SmartScan™ technology. With multiple options to fit individual patient needs, Beautologie Nurses can treat the entire face and neck to reduce wrinkles and fine lines. Venus Viva is approved for all skin types and creates a more youthful appearance and texture.
Non-Surgical Aesthetic Treatments

In contrast to cosmetic surgery, cosmetic dermatology focuses on the condition and appearance of the skin. There is an array of skin-related issues that can plague us and make us feel less than confident. Many of these conditions can be effectively addressed through non-surgical dermatological procedures. Our state-of-the-art Medical Aesthetics facility is fully equipped with the latest technology, and our experienced practitioners are dedicated to helping you look and feel your best.

Laser Hair Removal

Excess hair can be unattractive and embarrassing. While there are many methods of hair removal, such as waxing, shaving, plucking, and depilatory creams, they are temporary in nature while other methods, such as electrolysis, can be time-consuming and painful. We offer laser removal using the powerful LightSheer Duet™ & Desire laser systems. This safe and effective treatment offers a permanent solution to attaining smooth and radiant skin.

Laser Skin Resurfacing

Age, environmental factors, and some medical disorders can leave skin wrinkly, dull, and in need of repair. We offer a variety of non-invasive skin treatments to address conditions ranging from wrinkles, acne and acne scars, pigmentation issues and much more. Our expert medical staff utilize the most popular and advanced technologies on the market, including the UltraPulse® Encore™ CO2 Laser Skin Resurfacing System and Lumenis One™ Photo Facial Rejuvenation System.
Active FX Laser Resurfacing
The FX-laser system is a safe, precise and effective treatment. It can help you achieve many wonderful results such as; softening fine lines and wrinkles, removing unwanted age spots and stimulating natural collagen production for long lasting wrinkle improvements. It can also help reduce pore size and smooth the texture and tone of the skin. With just one laser peel you will see the difference in tone and texture of your skin. After your laser peel, your results will last for years! Even your friends and family will notice!

Micro-needling with PRP
PRP refers to Platelet Rich Plasma- Essentially, your own platelets contain the most beneficial growth factors, which are critical in the process of “self healing” and repairing injured tissue. The serum is derived from you own blood which is processed to separate the platelets, and then are re-infused back into the skin VIA the Microneedling process, a MICRO injury that creates hundreds of tiny channels that the serum penetrates. Because your internal essence of blood contains the life-giving protein growth factors, you’re getting at least eight essential growth factors.

Laser Vein Treatment
An embarrassing but common condition for millions of women, spider veins appear as unsightly blue or red veins under the surface of the skin, usually on the legs or the face. Varicose veins are another common condition and occur when blood vessels in the legs become swollen and take on a purple or reddish color. Our Medical Aesthetics facility is proud to offer the latest in laser vein technology for smoother, naturally beautiful- looking skin without unsightly veins.

Tattoo Removal
Our Medical Aesthetics facility proudly offers effective tattoo removal using the Pico and Nanosecond Nd/Yag laser. This highly specialized laser is used specifically for tattoo removal. It is known for its capability to produce results within a minimal number of sessions. If you have a tattoo that you are looking to permanently remove, we can help.
**Kybella**

Kybella™ is the first FDA approved non-surgical treatment to permanently remove the submental fat beneath the chin. It is a prescription medication that is injected to improve the contour and reduce the appearance of submental fat below the chin, sometimes called a “double-chin”. The medication includes a naturally occurring molecule that dissolves fat. It is a safe and effective medical spa procedure that involves no surgery.

**Chemical Peels**

If you are looking for non-invasive alternatives for the treatment of aging skin, you can opt for one of the non-surgical aesthetic procedures offered in our state-of-the-art Medical Aesthetics facility. Our highly qualified medical providers can produce incredible results through the use of medical-grade chemical peels. In addition to glycolic acid and TCA peels, we are pleased to feature the Obagi Blue Peel® system for a chemical peel treatment that is completely customized to your unique skin care needs.

**Skin Care Products**

For our patients who are seeking superior skin care products to elevate their daily skin care routine, we offer our BE skin care product line. These products are formulated with ingredients that target specific concerns, without a prescription, so you can BE as beautiful on the outside as you feel on the inside. In addition to our BE line, we also offer the Beautologie Skin Care System. The Beautologie Skin Care System was developed by Dr. Milan Shah himself and contains the most powerful and potent ingredients possible to obtain optimal results for concerns ranging from Melasma pores, wrinkles to acne and beyond.
IV Therapy

What is IV Therapy?

IV Nutrient Therapy involves the direct administration of vital minerals, nutrients and vitamins directly into the bloodstream (intravenously infused) through an IV drip. These essential nutrients can help boost immune function, increase energy levels, assist in weight management, avoid chronic health issues, and even aid in skin rejuvenation.

Some of the Beneficial Vitamins We Use:

Magnesium: Many people are lacking in this essential mineral. Magnesium is an excellent therapy for patients with heart disease, respiratory problems, migraines, and more. It helps with arrhythmias and can arrest an acute asthma attack. IV magnesium is also very relaxing, something we could all use.

Vitamin C: IV administration fights off foreign invaders in your body and acts as a potent anti-histamine. From infections to cancer, the evidence of its powerful influence is simply astonishing when administered in an IV and in doses far too high for oral intake.

Glutathione: This is the major super-antioxidant and detoxifying agent of our body. It cannot be taken orally but is made in the body. Whey protein and other nutritional can help build glutathione in the body. It is severely depleted by mercury and chemicals. Many people exist with glutathione deficiency.

Why it’s Beneficial? Directly to the Source!

When vitamins, minerals, and other nutrients are infused intravenously (IV) they go directly into your bloodstream to fuel your cells. That means they avoid the potential loss of potency and poor absorption in the gastrointestinal (GI) tract that is a characteristic of nutrients taken orally.

This makes IV nutrient administration a powerful therapy for numerous health concerns. In addition, Super doses can be administered via IV without gastrointestinal side effects, which can limit dosing. A perfect example of this is Vitamin C, which can only be taken in fairly small amounts orally before causing stomach upset. In contrast, Super doses of Vitamin C, which can be very beneficial for the immune system, can be administered safely and without stomach side effects with an intravenous delivery route.

Proactive: Even if you’re healthy, IV administration of a wide range of vitamins and minerals is an extremely effective way to boost your nutritional status, accelerate your athletic performance and prevent illness. It is especially important when flu season is around, or before and during stressful situations.

Our Therapeutics Suite

When you receive treatment with IV nutrients, you sit comfortably in a recliner while a sterile IV line is started and your specific composition of nutrients are infused. During this time, which usually lasts less than 60 minutes, you may opt to plug in you PDA or laptop, read, watch TV, nap, or simply relax. A complete treatment course often requires a series of IV infusions.

B Shots

Intramuscular injections are a quick, effective boost of specialty formulated nutrient blends. Depending on your specific needs, one of our IM injection mixtures will help move you from nutrient deficient to energy abundant.
Gynecomastia

For some men, enlarged breasts are a source of embarrassment, anxiety and insecurity. Known medically as gynecomastia, this condition can affect males of all ages. Fortunately, there are effective treatment options available. If you are seeking treatment for this condition, our experienced plastic surgeons can help you attain the look you desire. We use a combination of liposuction and tissue removal to give a more defined male chest. Come in for a consultation today to learn more.

Key Facts

• Gynecomastia is a common condition where men develop breast-like swellings in their chest area. It is sometimes referred to as “man boobs.” This can occur at any age, and may be accompanied with pain in the tissues of the chest.

• Treatment for gynecomastia is relatively simple, with liposuction of fatty tissue and removal of the hard tissue under the nipple with a small incision. The incisions are small and fade well with time and care.

• If you have lost a significant amount of weight and have loose skin, this can also be removed with a larger incision placed in the chest line.

• The surgery is about one to two hours long, with recovery being about one week. Swelling can take several weeks to subside. You should avoid going to the gym or heavy lifting for about four weeks.

Before | After
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Before | After
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Before | After
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Before | After
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Liposuction for Men

“Love Handles”—The term may sound affectionate, but most men loathe the troublesome fat that seems to grow out of their sides as they age. This is why this area, along with the chest and abdomen, are the most common areas targeted by men for treatment with liposuction. If you’re troubled by pesky areas of fat that simply won’t budge, come in for a liposuction consultation today.

Key Facts

- Liposuction is a procedure performed under general or “twilight” anesthesia. The duration of the surgery varies with the number of areas, but is usually 1-2 hours long.
- Liposuction is done through tiny incisions using long tubes called “cannulas” to remove fat under the skin.
- Cellulite is not treated with liposuction, although other treatments are available.
- Recovery takes only a few days, but you may be bruised for a couple of weeks. Swelling takes a few months to a year to completely resolve.
- After the procedure, you will sometimes wear a special garment for 4-6 weeks.
- Many areas can be treated, including the neck, abdomen, chest, arm pits, thighs, buttocks, back, and upper arms.
Beverly Hills
1125 S. Beverly Drive #405, Beverly Hills, CA 90035  |  (310) 698-7802

Malibu
24955 Pacific Coast Highway, Malibu CA 90265  |  (310) 589-6380

Southwest Bakersfield
11420 Ming Avenue, Suite 560, Bakersfield, California 93311  |  (661) 363-8800